

your personal net worth statement

You can create net worth statement in 5 simple steps:

1. List your assets (what you own), estimate the value of each item. Include items such as:

Item	Value
Money in your bank accounts	
Your car(s)	
Other assets (boat, caravan, motorbike)	
Market value of your home	
Value of your Home Contents	
Personal assets such as jewellery or art	
Business assets / business value	
Superannuation	
Shares	
Term Deposits	
Investments	
Money lent to family or friends	
Other:	
Other:	
Other:	

2. Add up the value of all the things you own (your assets) and put the total amount below:

Total	\$
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3. List your liabilities (what you owe). Include items such as:

Item	Value
Mortgage	
Investment Property Loan	
Car Loan	
Credit Card Balance	
Personal Loan	
Student Loan	
Money Owed to Family or Friends	
Tax Debt	
Other Loan:	
Other Loan:	

4. Total up all amounts that you owe (your liabilities) and put the total in the column above.

Total	\$
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5. Subtract your total liabilities from your total assets to determine your personal net worth.

Total Assets	-	Total Liabilities	=	Your Personal Net Worth
\$	less	\$	equals	\$

understanding the result

If you own more assets than you have liabilities, you are said to be “in the black” and have a positive net worth.

But if you have more debt than you have assets, you are said to be “in the red” and have a negative net worth.

tracking our net worth

The purpose of measuring our net worth is to give us CLARITY. We can measure movements in our net wealth as progress towards our financial goals. Tracking our net worth is useful in planning what to do or how to grow our finances, and is useful in the event you plan to borrow money, as lenders will typically require you to keep track of these amounts.

It can be beneficial to track your net worth on a 6 monthly or annual basis. You can use this table to record your net worth:

Date / Year	Total Assets	Less	Total Liabilities	Equals	Net Worth
	\$	-	\$	=	\$
	\$	-	\$	=	\$
	\$	-	\$	=	\$
	\$	-	\$	=	\$
	\$	-	\$	=	\$