



your journey starts here...

THE DREAMER

ELEMENT: Water

JOURNEY: The mindful wealth movement: Freedom to flow

As a dreamer, you are on a journey to find freedom to flow with your finances.

To advance your financial wellbeing and freedom, learn how to use your wealth with purpose and in alignment with your values and beliefs.

Be inspired to create a relationship with wealth that has resonance, is purposeful and empowering and enables you to live the life you imagine.

TIMEFRAME - 6 weeks

JOURNEY PATHWAY - It's important for to to create freedom and flexibility in your approach to learning the material over the next 6 weeks. Each week the module materials will be released, but rather than take a structured approach to learning or being too rigid with your time management, we encourage you to explore the content as and when it suits you best.

We can learn to maximise our natural strengths by understanding our preferences in attitude and behaviours when it comes to managing our money and wealth.

MONEY VALUES - You will have the best relationship with money when you use money in alignment with the following values: Authenticity, Self-Actualisation, Inspiration and Advancement.

COMMUNICATION + COMMUNITY - We also encourage you to interact with our community who will support you on your journey these next 6 weeks and beyond.

EXERCISES - We've developed a number of reflective + journaling exercises just for you to be able to express your thoughts, make notes, and reflect on your mindful wealth journey as it evolves over the coming weeks.

We've also included a number of inspirational videos for you to view along the way.

GOAL SETTING METHOD - When thinking about setting goals, the Dreamer profile is best suited to creating multiple long-term goals which are tied to a very strong purpose or values. It's important for you to be working towards creating the things that you believe in.

DECISION MAKING STYLE - your journey profile indicates what you are likely to look at and how you're likely to come to a money decision. When making money decisions, it can pay to reflect on your profile, by asking yourself the following questions:

- Does this decision represent who I am?
- Apart from me, who else will this decision affect?
- Will this decision support the growth and development of myself and those I care about?

We wish you a beautiful journey to find freedom to flow with your finances.