



*your journey starts here...*

THE THINKER

ELEMENT: Air

**JOURNEY:** The mindful wealth movement: Understand & Grow

The Thinker's journey is to understand the logic behind wealth creation and managing money as a tool to create financial freedom.

Explore the concepts, ideas and possibilities of wealth and learn to apply these to your personal wealth journey. Track your progress and develop a strategy to master the skills and mindset required to become an expert in managing your own wealth.

We can learn to maximise our natural strengths by understanding our preferences in attitude and behaviours when it comes to managing our money and wealth.

**TIMEFRAME** - 6 weeks

**JOURNEY PATHWAY** - It's important that you create a logical and structured approach to learning. Each week as the content is released it you may wish to schedule in your diary to set aside a regular amount of time each day or week to complete the materials for the week.

**MONEY VALUES** - You will have the best relationship with money when you use money in alignment with the following values: Progress, Development, Mastery and Competence.

**COMMUNICATION + COMMUNITY** - We encourage you to contact us with any questions or queries to ensure you are getting most out of the content and maximising your learning journey. We also encourage you to interact with our community who will support you on your journey these next 6 weeks and beyond.

**EXERCISES** - The materials have been presented in a variety of ways and with additional and deeper learning opportunities for you to more fully understand that logic and reasoning behind the ideas we're discussing. To fully master mindful wealth, we encourage you to explore the materials and take the time to dive a bit deeper into some of the concepts that interest you to ensure you understand the logic.

**GOAL SETTING STYLE** - When thinking about setting goals, the Thinker profile is best suited to creating multiple, long-term goals which have clear sense of logic and reasoning. You will need discipline to stick with your goals, so make sure to share your goals and create some accountability towards achieving them. Setting these types of money goals will make it much simpler for you to truly understand and grow your wealth and better use money as a tool to help you create financial freedom.

**Decision Making Style** - your journey profile indicates what you are likely to look at and how you're likely to come to a money decision. If you do not see the logic or reasoning behind a decision, you may have difficulty valuing the decision being made. When making money decisions, it can pay to reflect on your profile, by asking yourself "Why" questions as well as seeking to understand:

- What research is there to support my decision?
- What are the advantages and disadvantages of this decision?
- Does this reflect value or potential return on my time or investment?
- Who can I seek expert or professional advice from in relation to this decision?

We wish you all the best for mastering the skills and mindset towards more mindful wealth and look forward to guiding you on your personal journey to wealth mastery.